

NOHRD TriaTrainer



Description

Contemporary, minimalist design meets variety! This best describes the unique TriaTrainer. In a closed position the TriaTrainer serves as the perfect abs and core trainer. Unfold one side into the first position and convert the chair into a semi-bench for working your back muscles and glutes.

Opened into full extension the TriaTrainer can be used for all well-known bench workouts with or without free weights. The footrest can be adjusted into different positions for users' comfort.

The Nohrd TriaTrainer is made of the highest quality materials, with a solid wood frame and a selection of either genuine or artificial leather upholstery.

TriaTrainer

Dimensions

13"3/4W x 35"3/8D x 21"5/8H

